

**Going home instructions for tooth extraction
with placement of denture or temporary partial**

1. Keep dentures or temporary partial in at all times, even when you sleep, for the next 48 hours.
2. No sucking thru a straw or forceful spitting for 12 hours after extraction.
3. Only take dentures or temporary partial out when rinsing your mouth. Always rinse your mouth every time after you eat something for the next 5 to 7 days. Use _ teaspoon of salt in a glass of warm water.
4. No smoking or alcoholic beverages.
5. Avoid spicy foods but remember to eat. Soft foods or soup recommended.
6. If you can safely take Advil or Tylenol you may do so for mild discomfort. Avoid aspirin.
7. If you experience difficulty such as severe pain, swelling, or uncontrollable bleeding contact the office 410-730-0011.